| **Quex**  **No.** | **Variable Name** | **Attribute** | **Length** | **Variable Description and Codes** |  |
| --- | --- | --- | --- | --- | --- |
| 1 | [DSQ\_xx1](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_xx1) | Num | 3 | How old are you (in years)?  01-99 = Age | |
| 2 | [DSQ\_xx2](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_xx2) | Char | 6 | Are you male or female?  A = Male  B = Female | |
| 3 | [DSQ\_010](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_010) | Char | 27 | During the past month, how often did you eat **hot or cold cereals**? *Mark one*  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day |  |
| 4 | [DSQ\_020](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_020) | Char | 80 | During the past month, what kind of cereal did you usually eat? *Print cereal.*  See Appendix A, List of Cereals |  |
| 5 | [DSQ\_xx3](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_xx3) | Char | 80 | If there was another kind of cereal that you usually ate during the past month, what kind was it? *Print cereal, if none leave blank*  See Appendix A, List of Cereals | |
| 6 | [DSQ\_030](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_030) | Char | 33 | During the past month, how often did you have any **milk** (either to drink or on cereal)? Include regular milks, chocolate or other flavored milks, lactose-free milk, buttermilk. Please do **not** include soy milk or small amounts of milk in coffee or tea. *Mark one*  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2-3 times per day  J = 4-5 times per day  K = 6 or more times per day | |
| 7 | [DSQ\_xx4](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_xx4) | Char | 18 | During the past month, what kind of milk did you usually drink? *Mark one*  A = Whole or regular milk  B = 2% fat or reduced-fat milk  C = 1%, ½%, or low-fat milk  D = Fat-free, skim or nonfat milk  E = Soy milk  F = Other kind of milk | |
| 7 | DSQ\_xx4os | Char | 30 | During the past month, what kind of milk did you usually drink? Other Specify  See Appendix B, List of Milks | |
| 8 | [DSQ\_040](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_040) | Char | 33 | During the past month, how often did you drink **regular soda or pop** that contains sugar? Do **not** include diet soda. *Mark one*  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2-3 times per day  J = 4-5 times per day  K = 6 or more times per day | |
| 9 | [DSQ\_050](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_050) | Char | 33 | During the past month, how often did you drink **100% pure fruit juices** such as orange, mango, apple, grape and pineapple juices? Do **not** include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. *Mark one*  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2-3 times per day  J = 4-5 times per day  K = 6 or more times per day | |
| 10 | [DSQ\_060](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_060) | Char | 33 | During the past month, how often did you drink coffee or tea that had **sugar** or **honey** added to it? Include coffee and tea you sweetened yourself and presweetened tea and coffee drinks such as Arizona Iced Tea and Frappuccino. Do **not** include artificially sweetened coffee or diet tea.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2-3 times per day  J = 4-5 times per day  K = 6 or more times per day | |
| 11 | [DSQ\_070](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_070) | Char | 33 | During the past month, how often did you drink **sweetened** fruit drinks, sports or energy drinks, such as Kool-Aid, lemonade, Hi-C, cranberry drink, Gatorade, Red Bull or Vitamin Water? Include fruit juices you made at home and added sugar to. Do **not** include diet drinks or artificially sweetened drinks.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2-3 times per day  J = 4-5 times per day  K = 6 or more times per day | |
| 12 | [DSQ\_080](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_080) | Char | 27 | During the past month, how often did you eat **fruit**? Include fresh, frozen or canned fruit. Do **not** include juices.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 13 | [DSQ\_090](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_090) | Char | 27 | During the past month, how often did you eat a green leafy or lettuce **salad**, with or without other vegetables?  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 14 | [DSQ\_100](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_100) | Char | 27 | During the past month, how often did you eat any kind of **fried potatoes**, including French fries, home fries, or hash brown potatoes?  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 15 | [DSQ\_110](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_110) | Char | 27 | During the past month, how often did you eat any **other kind of potatoes**, such as baked, boiled, mashed potatoes, sweet potatoes, or potato salad?  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 16 | [DSQ\_120](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_120) | Char | 27 | During the past month, how often did you eat refried beans, baked beans, beans in soup, pork and beans or any other type of cooked dried beans? Do **not** include green beans.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 17 | [DSQ\_210](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_210) | Char | 27 | During the past month, how often did you eat **brown rice** or other cooked whole grains, such as bulgur, cracked wheat, or millet? Do **not** include white rice.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 18 | [DSQ\_130](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_130) | Char | 27 | During the past month, not including what you just told me about (green salads, potatoes, cooked dried beans), how often did you eat **other vegetables**?  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 19 | [DSQ\_150](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_150) | Char | 27 | During the past month, how often did you have Mexican-type **salsa** made with tomato?  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 20 | [DSQ\_140](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_140) | Char | 27 | During the past month, how often did you eat **pizza**? Include frozen pizza, fast food pizza, and homemade pizza.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 21 | [DSQ\_160](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_160) | Char | 27 | During the past month, how often did you have **tomato sauces** such as with spagetti or noodles or mixed into foods such as lasagna? Do not include tomato sauce on pizza.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 22 | [DSQ\_190](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_190) | Char | 27 | During the past month, how often did you eat any kind of **cheese**? Include cheese as a snack, cheese on burgers, sandwiches, and cheese in foods such as lasagna, quesadillas, or casseroles. Do **not** include cheese on pizza.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 23 | [DSQ\_170](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_170) | Char | 27 | During the past month, how often did you eat **red meat**, such as beef, pork, ham, or sausage? Do **not** include chicken, turkey or seafood. Include red meat you had in sandwiches, lasagna, stew, and other mixtures. Red meats may also include veal, lamb, and any lunch meats made with these meats.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 24 | [DSQ\_180](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_180) | Char | 27 | During the past month, how often did you eat any **processed meat**, such as bacon, lunch meats, or hot dogs? Include processed meats you had in sandwiches, soups, pizza, casseroles, and other mixtures.  Processed meats are those preserved by smoking, curing, or salting, or by the addition of preservatives. Examples are: ham, bacon, pastrami, salami, sausages, bratwursts, frankfurters, hot dogs, and spam.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 25 | [DSQ\_200](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_200) | Char | 27 | During the past month, how often did you eat **whole grain bread** including toast, rolls and in sandwiches? Whole grain breads include whole wheat, rye, oatmeal and pumpernickel. Do **not** include white bread.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 26 | [DSQ\_220](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_220) | Char | 27 | During the past month, how often did you eat **chocolate** or any other types of candy? Do **not** include sugar-free candy.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 27 | [DSQ\_230](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_230) | Char | 27 | During the past month, how often did you eat **doughnuts**, sweet rolls, Danish, muffins, pan dulce, or pop-tarts? Do **not** include sugar-free items.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 28 | [DSQ\_240](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_240) | Char | 27 | During the past month, how often did you eat **cookies, cake, pie or brownies**? Do **not** include sugar-free kinds.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 29 | [DSQ\_250](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_250) | Char | 27 | During the past month, how often did you eat **ice cream or other frozen desserts**? Do **not** include sugar-free kinds.  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| 30 | [DSQ\_260](file:///S:\Teleform%20Projects\Testing\NCI%20Nutrition\DSQ\annotations\Annotated%20Form%20Report\29836.html#DSQ_260) | Char | 27 | During the past month, how often did you eat **popcorn**?  A = Never  B = 1 time last month  C = 2-3 times last month  D = 1 time per week  E = 2 times per week  F = 3-4 times per week  G = 5-6 times per week  H = 1 time per day  I = 2 or more times per day | |
| ID | UNIQUEID | Char | 30 | Participant ID on page 1 | |
| ID | UNIQUEID\_2 | Char | 30 | Participant ID on page 2 | |
| ID | UNIQUEID\_3 | Char | 30 | Participant ID on page 3 | |
| ID | UNIQUEID\_4 | Char | 30 | Participant ID on page 4 | |
| ID | UNIQUEID\_5 | Char | 30 | Participant ID on page 5 | |

Appendix A

List of Cereals

Q4 (DSQ\_020) and Q5 (DSQ\_xx3)

|  |
| --- |
| 100% Bran |
| 100% Low Fat Natural Granola |
| 100% Natural Cereal |
| 100% Natural Cereal, with oats, honey and raisins |
| 100% Natural Granola, Oats & Honey |
| 100% Natural Wholegrain Cereal with raisins, lowfat |
| All-Bran |
| All-Bran Bran Buds |
| All-Bran with Extra Fiber |
| Alpen |
| Alpha-Bits |
| Alpha-Bits with marshmallows |
| Amaranth Flakes |
| Apple Jacks |
| Apple Zaps |
| Apple Zings, Malt-O-Meal |
| Banana Nut Crunch Cereal |
| Barley |
| Basic 4 |
| Berry Colossal Crunch, Malt-O-Meal |
| Blueberry Morning |
| Booberry |
| Bran |
| Bran Buds |
| Bran flakes |
| Bran, Nabisco |
| Branola |
| Brown Sugar Bliss |
| Buckwheat groats |
| Bulgur |
| Cap'n Crunch |
| Cap'n Crunch's Christmas Crunch |
| Cap'n Crunch's Crunch Berries |
| Cap'n Crunch's Oops! ChocoDonuts |
| Cap'n Crunch's Peanut Butter Crunch |
| Cheerios |
| Cheerios, Apple Cinnamon |
| Cheerios, Berry Burst |
| Cheerios, Berry Burst Strawberry |
| Cheerios, Berry Burst Triple Berry |
| Cheerios, Berry Burst, Cherry Vanilla |
| Cheerios, Berry Burst, Strawberry Banana |
| Cheerios, Frosted |
| Cheerios, Honey Nut |
| Cheerios, Multi Grain |
| Cheerios, Team |
| Cheerios, Yogurt Burst, Strawberry |
| Cheerios, Yogurt Burst, Vanilla |
| Cheese grits |
| Chex |
| Chex Morning Mix Banana Nut |
| Chex Morning Mix Cinnamon |
| Chex Morning Mix Fruit & Nut |
| Chex Morning Mix Honey Nut |
| Chex, Bran |
| Chex, Corn |
| Chex, Honey Nut |
| Chex, Multi-Bran |
| Chex, Rice |
| Chex, Wheat |
| Chocolate frosted cereal |
| Cinnamon Cluster Raisin Bran |
| Cinnamon Crunch Crispix |
| Cinnamon Grahams Cereal |
| Cinnamon Marshmallow Scooby Doo! |
| Cinnamon Toast Crunch |
| Cinnamon Toast Crunch, Reduced Sugar |
| Coco-Roos, Malt-O-Meal |
| Cocoa Blasts |
| Cocoa Comets |
| Cocoa Dyno Bites, Malt-O-Meal |
| Cocoa Krispies |
| Cocoa Pebbles |
| Cocoa Puffs |
| Cocoa Puffs, Reduced Sugar |
| Cocoa Wheats |
| Complete Bran Flakes |
| Complete Oat Bran Flakes |
| Complete Wheat Bran Flakes |
| Cookie-Crisp (all flavors) |
| Corn Bursts, Malt-O-Meal |
| Corn Flakes, Kellogg's |
| Corn Pops |
| Corn Puffs |
| Corn flakes |
| Corn flakes, low sodium |
| Cornmeal mush |
| Count Chocula |
| Cracklin' Oat Bran |
| Cranberry Almond Crunch Cereal |
| Cream of Rice |
| Cream of Rye |
| Cream of Wheat |
| Crisp Crunch |
| Crispix |
| Crispy Brown Rice Cereal |
| Crispy Rice |
| Crispy Rice, Malt-O-Meal |
| Crispy Wheats'N Raisins |
| Crunchy Corn Bran |
| Disney Cereal |
| Disney Hunny B's |
| Disney Mickey's Magix |
| Disney Mud & Bugs |
| Ener-G Pure Rice Bran |
| Familia |
| Farina |
| Fiber 7 Flakes |
| Fiber One |
| Frankenberry |
| French Toast Crunch |
| Froot Loops |
| Frosted Flakes, Kellogg's |
| Frosted Flakes, Malt-O-Meal |
| Frosted Fruit Rings |
| Frosted Mini Spooners, Malt-O-Meal |
| Frosted Mini Wheats |
| Frosted Shredded Wheat |
| Frosted Wheat Bites |
| Frosted cereal, with marshmallows |
| Frosted corn flakes |
| Frosted flakes |
| Frosted rice |
| Frosty O's |
| Fruit & Fibre (fiber) |
| Fruit & Fibre (fiber) with Dates, Raisins and Walnuts |
| Fruit & Fibre (fiber) with Peaches, Raisins, Almonds, and Oat Clusters |
| Fruit Harvest |
| Fruit Harvest Apple Cinnamon |
| Fruit Harvest Strawberry Blueberry |
| Fruit Loops |
| Fruit Rings |
| Fruit Whirls |
| Fruit and Cream Oatmeal |
| Fruity Dyno Bites, Malt-O-Meal |
| Fruity Pebbles |
| Golden Crisp |
| Golden Grahams |
| Golden Puffs, Malt-O-Meal |
| Granola |
| Granola, homemade |
| Granola, lowfat |
| Granola, lowfat, Kellogg's |
| Granola, lowfat, with Raisins, Kellogg's |
| Grape Nut O's |
| Grape-Nuts |
| Grape-Nuts Flakes |
| Great Grains Crunchy Pecan Whole Grain Cereal |
| Great Grains, Raisins, Dates, and Pecans Whole Grain Cereal |
| Grits |
| Harina de maize con leche |
| Harmony Vanilla Almond Oats |
| Healthy Choice |
| Honey Bunches of Oat Honey Roasted |
| Honey Bunches of Oat with Strawberry |
| Honey Bunches of Oats |
| Honey Bunches of Oats with Almonds |
| Honey Buzzers, Malt-O-Meal |
| Honey Crisp Corn Flakes |
| Honey Crunch Corn Flakes |
| Honey Graham Squares, Malt-O-Meal |
| Honey Nut Clusters |
| Honey Nut Heaven |
| Honey Nut Shredded Wheat |
| Honey Smacks |
| Honeycomb |
| Honeycomb, strawberry |
| Instant Grits, all flavors |
| Jenny O's |
| Just Right |
| Just Right with Fruit & Nut |
| Kaboom |
| Kasha |
| Kashi |
| Kashi GOLEAN |
| Kashi Good Friends |
| Kashi Good Friends Cinna-Raisin Crunch |
| Kashi Heart to Heart Cereal |
| Kashi Honey Puffed |
| Kashi Medley |
| Kashi Organic Promise |
| Kashi Pilaf |
| Kashi Pillows |
| Kashi Seven in the Morning |
| Kashi, Puffed |
| Kix |
| Kix, Berry Berry |
| Life (plain and cinnamon) |
| Lucky Charms |
| Lucky Charms, Berry |
| Lucky Charms, Chocolate |
| Magic Stars |
| Malt-O-Meal |
| Malt-O-Meal, chocolate |
| Maltex |
| Marshmallow Mateys, Malt-O-Meal |
| Marshmallow Safari |
| Masa harina |
| Maypo |
| Millet |
| Millet, puffed |
| Mini-Wheats |
| Mini-Wheats Frosted Bite Size |
| Mini-Wheats Frosted Original |
| Mini-Wheats Frosted Raisin |
| Mini-Wheats Frosted Strawberry |
| Mother's Natural Foods Cereal, Quaker |
| Muesli |
| Muesli(x) |
| Multigrain Oatmeal |
| Multigrain cereal |
| Natural Bran Flakes |
| Nature Valley Granola |
| Nature Valley Granola, with fruit and nuts |
| Nesquik |
| Nestum |
| Nu System Cuisine Toasted Grain Circles |
| Nutri-Grain |
| Nutri-Grain Golden Wheat and Raisin |
| Nutty Nuggets |
| OS |
| Oat Bran Cereal, Quaker |
| Oat Bran Flakes, Health Valley |
| Oat bran cereal |
| Oat bran uncooked |
| Oat cereal |
| Oat flakes |
| Oatmeal |
| Oatmeal Crisp |
| Oatmeal Crisp with Almonds |
| Oatmeal Crisp, Apple Cinnamon |
| Oatmeal Crisp, Raisin |
| Oatmeal Squares |
| Oatmeal Swirlers |
| Oats, raw |
| Oh's |
| Oh's, Apple Cinnamon |
| Oh's, Fruitangy |
| Oh's, Honey Graham |
| Old Wessex Irish Style Oatmeal |
| Optimum Slim, Nature's Path |
| Optimum, Nature's Path |
| Oreo O's Cereal |
| Peanut Butter Toast Crunch |
| Polenta |
| Product 19 |
| Puffed Rice, Malt-O-Meal |
| Puffed Wheat, Malt-O-Meal |
| Quaker Dinosaur Eggs oatmeal |
| Quaker Fruit and Cream Oatmeal |
| Quaker Instant Grits, all flavors |
| Quaker Multigrain Oatmeal |
| Quaker Oatmeal Express |
| Quaker Oatmeal Nutrition for Women |
| Quaker Oatmeal Squares |
| Quisp |
| Raisin Bran Crunch |
| Raisin Bran, Kellogg's |
| Raisin Bran, Post |
| Raisin Nut Bran |
| Raisin bran |
| Reese's Peanut Butter Puffs |
| Rice Krispies |
| Rice Krispies, Frosted |
| Rice Krispies, Treats Cereal |
| Rice bran, uncooked |
| Rice cereal |
| Rice flakes |
| Rice polishings |
| Rice, puffed |
| Roman Meal |
| Seven-grain Cereal |
| Seven-grain cereal |
| Shredded Wheat |
| Shredded Wheat 'N Bran |
| Shredded Wheat Spoon Size |
| Shredded Wheat, 100% |
| Shredded Wheat, Original |
| Smacks |
| Smart Start |
| Smorz |
| Special K |
| Special K Fruit & Yogurt |
| Special K Low Carb Lifestyle Protein Plus |
| Special K Red Berries |
| Special K Vanilla Almond |
| Strawberry Squares |
| Sun Country 100% Natural Granola, with Almonds |
| Sweet Crunch |
| Sweet Puffs |
| Tasteeos |
| Toasted Cinnamon Twists, Malt-O-Meal |
| Toasted Oatmeal Cereal |
| Toasted Oatmeal, Honey Nut |
| Toasted oat cereal |
| Toasties |
| Toasty O's, Apple Cinnamon, Malt-O-Meal |
| Toasty O's, Honey and Nut, Malt-O-Meal |
| Toasty O's, Malt-O-Meal |
| Tony's Cinnamon Crunchers |
| Tootie Fruities, Malt-O-Meal |
| Total |
| Total Brown Sugar & Oats |
| Total Corn Flakes |
| Total Instant Oatmeal |
| Total Raisin Bran |
| Trix |
| Trix, Reduced Sugar |
| Uncle Sam's Hi Fiber Cereal |
| Under Cover Bears |
| Waffle Crisp |
| Weetabix Whole Wheat Cereal |
| Wheat Hearts |
| Wheat bran, unprocessed (miller's bran) |
| Wheat cereal |
| Wheat germ |
| Wheat germ, with sugar and honey |
| Wheat, puffed |
| Wheat, puffed, presweetened with sugar |
| Wheatena |
| Wheaties |
| Wheaties Energy Crunch |
| Wheaties Raisin Bran |
| Whole wheat cereal |
| Whole wheat, cracked |
| Zoo |