

Appendix E

Veggie Project Interview Guide: In-depth Interviews and Focus Groups

The purpose of this interview (focus group) is to learn more about your thoughts and perspectives related to food and food access. This information will be used to help us better understand peoples' experiences with food. It will also help us develop food-related programs in Nashville.

- 1. What have you eaten over the past 24 hours: for breakfast, lunch, dinner, snacks?**
 - a. Why did you eat these foods?

- 2. Tell me about your most recent trip to the grocery store.**
 - a. Where did you go?
 - b. What did you buy?
 - c. What was the quality of the food?
 - d. Was the food affordable?

Was this a typical trip to the grocery store? If not, how did it differ from your usual trip?

- 3. Tell me about food outlets in your neighborhood/community.**
 - a. Where are they?
 - b. What types of food are sold at these outlets?
 - c. What is the quality of the food sold at these outlets?
 - d. Is the food affordable?
 - e. How do the food stores available in your neighborhood/community compared to food stores in other parts of Nashville?
 - i. If there are differences, why do you think these differences exist?
 - f. What could be done to enhance the food outlets in your neighborhood/community?

- 4. Are you satisfied with the types of foods you have regular access to?**
 - a. If yes, why?
 - b. If no, why?

- 5. Peoples' access to fresh, healthy foods is related to a lot of different things. Do you think that your level of access to fresh, healthy foods has anything do with:**
 - a. your race and/or the race of your community/neighborhood? How so?
 - b. your social class and/or the social class of your community/neighborhood? How so?
 - c. your gender and/or the gender make-up of your community/neighborhood? How so?
 - d. your age and/or the age make-up of your community/neighborhood? How so?

- 6. What other thoughts do you have about food and/or food access?**

Veggie Project
Brief Survey for Interviewees

Date: _____ / _____ / _____

ID: _____

These questions are about you and your family. This information will be used to help us better understand the types of people involved with this study.

1. What is your age? _____ years

2. What is the highest level of formal education you have completed?

- 1-Less than high school
- 2-High school graduate/ GED
- 3-Some college
- 4-College graduate
- 5-Advanced degree

3. What best describes your race/ ethnicity? (Please check all that apply.)

- 1-American Indian, Eskimo or Aleut
- 2-Black or African American
- 3-Hispanic or Latino
- 4-Asian or Pacific Islander
- 5-White or Caucasian
- 6-Bi-racial/Multi-racial
- 999-Other _____

4. What is your gender?

- 1-Male
- 2-Female

5. How many total people live in your household (please include yourself)

_____ people

6. How many persons under the age of 18 live in your household?

_____ children under 18

7. Do you receive food stamps or WIC?

- 1-Yes
- 2-No
- 998-Refused

8. Do your children receive free or reduced priced lunches?

- 1-Yes
- 2-No
- 3-I do not have children
- 998-Refused

9. Which category represents your TOTAL combined household income from all household members during the past 12 months?

- 1-Less than \$10,000
- 2-\$10,000-19,999
- 3-\$20,000-29,999
- 4-\$30,000-39,999
- 5-\$40,000-49,999
- 6-\$50,000-59,999
- 7-\$60,000-69,999
- 8-\$70,000-79,999
- 9-\$80,000 or more
- 998-Refused

10. What is your home zip code? _____

11. How far do you live from the XX Boys and Girls Club?

_____blocks OR _____miles

The last question are about you and your health.

12. In general, would you say that your health is...

- 1-Excellent
- 2-Very Good
- 3-Good
- 4-Fair
- 5-Poor

13. How satisfied are you with your life?

- 1- Very Satisfied
- 2-Somewhat Satisfied
- 3-Somewhat Dissatisfied
- 4-Very Dissatisfied

Thanks!