

Construct/Variable	Measure	Selected Psychometrics	Source
Behavioral factors			
Food Preferences	<p>Have you ever eaten this food? (Yes/No) What do you think about this food? (I really do not like it!, I do not like it, It is OK, I like it a little, I really like it a lot!)</p> <p>Cucumbers, lettuce, spinach, tomatoes, sugar snap peas, carrots, beans, radishes, peppers, zucchini, beets, apples, strawberries, raspberries, melons (cantaloupe, musk melon), watermelon</p>	<p>Domel et al. (3) Study I: Cronbach's alpha= 0.87-0.95 Test/retest= 0.65-0.84 Study II: Cronbach's alpha= 0.53-0.78 Test/retest = 0.47-0.83</p>	Adapted from Baranowski Gimme 5 (1994-1996)
Snack preferences	<p>When I get home, I would prefer to have... (choose 1 or 2)</p> <ul style="list-style-type: none"> a. my favorite fruit or my favorite cookie b. my favorite fruit or my favorite candy bar c. peanut butter on bread or my favorite raw vegetable & dip d. peanut butter on bread or my favorite fruit e. chips or my favorite raw vegetable & dip f. chips or my favorite fruit g. my favorite soda/pop or my favorite fruit h. my favorite soda/pop or my favorite raw vegetable & dip 	<p>Domel et al. (3) Study I: Cronbach's alpha=0.65-0.77 Test/retest = 0.67-0.87 Study II: Cronbach's alpha= 0.55-0.82 Test/retest = 0.43-0.71</p>	Adapted from Baranowski Gimme 5 (1994-1996)
Personal Factors			
Attitude/opinion about healthy foods	<p>How much do you agree with the following statement (disagree a lot, disagree a little, agree a little, agree a lot)</p> <ul style="list-style-type: none"> a. I like the taste of most fruits. b. I like the taste of most vegetables c. Most healthy foods don't taste that great. d. I like to have fruit for a snack. e. I like to have vegetables and dip for a snack. 		Adapted from VIK

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Self-efficacy	<p>How sure are you that you could... (not at all sure, somewhat sure, sure, very sure)</p> <ul style="list-style-type: none"> a. Eat fruit for a snack when you are hungry b. Eat fruit for dessert, even if there are cookies around. c. Eat vegetables at dinner, even if they are not your favorite kind. d. Eat fruit for a snack when you come home. e. Eat cut-up vegetables for a snack. 		Adapted from Baranowski Boy Scouts
Socio-environmental factors			
Asking behavior	<p>In the last WEEK, did you ask someone in your family to... (yes, no, or I don't have to ask. They already do this.)</p> <ul style="list-style-type: none"> a. prepare a fruit or vegetable for a meal? b. buy fruits or vegetables? c. have fruits or vegetables at home for snacks? d. have fruits or vegetables at home for breakfast? e. have fruits or vegetables at home for dinner? f. go with them shopping for fruits or vegetables? g. have fruits or vegetables out so you can reach them in your house? 		Adapted from Baranowski Gimme 5 (1994-1996) Health Education & Behavior, 2000

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Food availability/ accessibility at home	How often are the following true? (hardly ever, sometimes, often, almost always) <ul style="list-style-type: none"> a. We have fruits and vegetables in my home. b. In my home, vegetables are served at meals. c. In my home, fruit is served for dessert. d. In my home, there is fruit available to have as a snack. e. In my home, there are vegetables available to have as a snack. f. In my home, there are cut-up vegetables in the fridge for me to eat. g. In my home, there are fresh fruit on the counter, table, or somewhere else where I can easily get them. 	Availability EAT (unhealthy foods): Cronbach's alpha = 0.80 (healthy foods): Cronbach's alpha = 0.63 Accessibility (2 items) GEMS = Cronbach's alpha = 0.48	Adapted from GEMS and EAT

1. National Institutes for Health, NIH Policy of Reporting Race and Ethnicity Data: Subjects in Clinical Research. Available at http://grants2.nih.gov/grants/funding/phs398/instructions2/p2_nih_policy_report_race_ethnicity.htm.
2. Neumark-Sztainer D, Croll J, Story M, Hannan P, French S, Perry C. Ethnic/racial differences in weight-related concerns and behaviors among adolescent girls and boys: Findings from Project EAT. *Journal of Psychometric Research*. 2002;53:963-974.
3. Domel SB, Thomson WO, Davis HC, Baranowski T, Leonard SB, Baranowski J. Psychosocial predictors of fruit and vegetable consumption among elementary school children. *Health Educ Res*. 1996;11:299-308.