

Construct/Variable	Measure	Selected Psychometrics	Source
Sociodemographic factors			
Relationship to child	1. What is your relation to this child? a. Mother b. Father c. Stepmother d. Stepfather e. Grandmother f. Grandfather g. Aunt h. Uncle i. other		
Age	How old is this child?		
Grade	What grade will this child be in next school year? (2007-2008)		
Country of Origin	Was this child born in the United States? (Yes/No: In what country)		
Ethnicity	Is this child Hispanic or Latino? (Yes/No)		NIH policy on reporting race and ethnicity data (1)
Race	Do you consider this child... (You may select more than one) 1. White 2. Black or African American 3. Asian 4. Native Hawaiian or other Pacific Islander 5. American Indian or Alaskan Native		NIH policy on reporting race and ethnicity data (1)
Background	Is this child's background any of the following... (mark one) 1. Hmong 2. Cambodian 3. Vietnamese 4. Laotian 5. Somalian 6. Ethiopian 7. Other _____ 8. None		Project EAT (2)

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Socio-environmental factors			
Food Preferences	<p>In the last <u>two</u> weeks have you had these fruits or vegetables in your home ... (Yes/No) Cucumbers, lettuce, spinach, tomatoes, sugar snap peas, carrots, beans, radishes, peppers, zucchini, beets, apples, strawberries, raspberries, melons (cantaloupe, musk melon), watermelon</p>		Adapted from Gimme 5 Tom Baranowski 1994-1996
Asking behavior	<p>In the last WEEK, did this child ask you or another member of your household to: (yes or no)</p> <ol style="list-style-type: none"> a. buy a certain fruit or vegetable when it wasn't available at home? b. prepare a fruit or vegetable for a meal? c. Have a fruit or vegetable for breakfast? d. Have a fruit or vegetable for dinner? e. Have a fruit or vegetable for a snack? f. Have fruits or vegetables in a place where they can easily reach them? g. Serve a new fruit or vegetable for dinner? h. Go shopping with you or another family member for fruits or vegetables? 		Gimme 5 Atlanta Baranowski et al. Health Education & Behavior, 2000
Food availability/ accessibility at home	<p>During a typical WEEK, how often have you or another member of your household... (not at all, sometimes, almost everyday, everyday)</p> <ol style="list-style-type: none"> a. Bought fruits or vegetables you know this child likes? b. Encouraged this child to eat more fruit? c. Encouraged this child to eat more vegetables? d. Served a fruit or vegetable to this child for breakfast? e. Served a fruit or vegetable to this child for dinner? f. Served a fruit or vegetable to this child for a snack? 		

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Food availability/ accessibility at home	How often are the following true? (hardly ever, sometimes, often, almost always) <ul style="list-style-type: none"> a. We have fruits and vegetables in my home b. In my home, vegetables are served at meals. c. In my home, fruit is served for dessert. d. In my home, there is fruit available for this child to have as a snack. e. In my home, there are vegetables available for this child to have as a snack. f. In my home, there are cut-up vegetables in the fridge for this child to eat. g. In my home, there is fresh fruit on the counter, table, or somewhere else where this child could easily get them. 	Availability EAT (unhealthy foods): Cronbach's alpha = 0.80 (healthy foods): Cronbach's alpha = 0.63 Accessibility (2 items) GEMS = Cronbach's alpha = 0.48	Adapted from GEMS and EAT
Personal Factors			
Attitude/opinions	How important to you is it that your child...(not at all important, a little important, somewhat important, very Important) <ul style="list-style-type: none"> a. Eats a healthy diet? b. Has multiple exposures to the same fruits and vegetables? c. Try new fruits and vegetables? d. Eats fruits and vegetables every day? 		Adapted from Ready, Set, Action

1. National Institutes for Health, NIH Policy of Reporting Race and Ethnicity Data: Subjects in Clinical Research. Available at http://grants2.nih.gov/grants/funding/phs398/instructions2/p2_nih_policy_report_race_ethnicity.htm.
2. Neumark-Sztainer D, Croll J, Story M, Hannan P, French S, Perry C. Ethnic/racial differences in weight-related concerns and behaviors among adolescent girls and boys: Findings from Project EAT. Journal of Psychometric Research. 2002;53:963-974.