

FLORIDA YOUTH SURVEY 2003



PLEASE DO NOT WRITE IN THIS AREA



502904



YOUTH PHYSICAL ACTIVITY AND NUTRITION SURVEY, 2003

This survey is about health behavior, specifically physical activity and nutrition. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better health and community education for young people like yourself.

DO NOT write your name on this survey. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. If you do not wish to complete, please tell the person who is giving the survey or just leave all the questions blank. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Don't rush to finish. Take your time in choosing the answer that you think is most true for you. Fill in the circle completely. **For each question mark only one answer unless otherwise noted.** For questions that have a write-in space, please mark the circle in front of "other" and write in a short answer.

When you are finished, follow the instructions of the person giving you the survey.

Thank You Very Much For Your Help.

DIRECTIONS

- Use a #2 pencil only.
- Make dark marks.
- Fill in a response like this: A B C D
- To change your answer, erase completely.



Incorrect Marks



The first 7 questions ask for information about yourself.

1. How old are you?

- a. 10 years old or younger
- b. 11 years old
- c. 12 years old
- d. 13 years old
- e. 14 years old
- f. 15 years old
- g. Older than 15

2. Are you a male or female?

- a. Male
- b. Female

3. In what grade are you?

- a. 6th grade
- b. 7th grade
- c. 8th grade
- d. 9th grade
- e. Other

4. How do you describe yourself? (SELECT ONE OR MORE RESPONSES.)

- a. American Indian
- b. Asian
- c. Black or African American
- d. Hispanic or Latino
- e. Native Hawaiian or Other Pacific Islander
- f. White

5. During the past 12 months, how would you describe your grades?

- a. Mostly A's
- b. Mostly B's
- c. Mostly C's
- d. Mostly D's
- e. Mostly F's
- f. None of these grades
- g. Not sure

6. How tall are you without your shoes on?

Directions: Write your height in the blank boxes. Fill in the matching circles below each number.

Example: If you are 5'4" tall, mark your answer like this:

HEIGHT		HEIGHT	
ft	inches	ft	inches
5	04		
<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I do not know how tall I am.

7. How much do you weigh without your shoes on?

Directions: Write your weight in the blank boxes. Fill in the matching circles below each number.

Example: If you weigh 98 pounds, mark your answer like this:

WEIGHT		WEIGHT	
	pounds		pounds
098			
<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

I do not know how much I weigh.

PLEASE DO NOT WRITE IN THIS AREA



502904

The next 8 questions ask about body weight. For each question mark only one answer unless otherwise noted.

8. How do you describe your weight?

- a. Very underweight
- b. Slightly underweight
- c. About right
- d. Slightly overweight
- e. Very overweight

9. Which of the following are you trying to do about your weight?

- a. Lose weight
- b. Gain weight
- c. Stay the same weight
- d. I am **not trying to do anything** about my weight

10. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?

- a. Yes
- b. No

11. During the past 30 days, did you eat less food, fewer calories or foods low in fat to lose weight or to keep from gaining weight?

- a. Yes
- b. No

12. During the past 30 days, did you skip any meals to lose weight or to keep from gaining weight?

- a. Yes
- b. No

13. During the past 30 days, did you take any diet pills, powders, or liquids to lose weight or to keep from gaining weight?

- a. Yes
- b. No

14. In the last year, have you been told by a doctor or nurse that you needed to lose weight?

- a. Yes
- b. No

15. In the last year, have you been told by your parent or guardian that you needed to lose weight?

- a. Yes
- b. No

The next 11 questions ask about foods that you ate or drank. Think about all the meals and snacks you had from the time you got up until the time you went to bed. Be sure to include all the food you ate at home, at school, at a restaurant or anywhere else like a friend's house or a party.

16. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

- a. I did not drink juice during the past 7 days
- b. 1 to 3 times during the past 7 days
- c. 4 to 6 times during the past 7 days
- d. 1 time per day
- e. 2 times per day
- f. 3 times per day
- g. 4 or more times per day

17. During the past 7 days, how many times did you eat fruit? (Fruit includes foods like apple, papaya, banana, orange, applesauce or pear. Do not count fruit juice.)

- a. I did not eat fruit during the past 7 days
- b. 1 to 3 times during the past 7 days
- c. 4 to 6 times during the past 7 days
- d. 1 time per day
- e. 2 times per day
- f. 3 times per day
- g. 4 or more times per day

18. During the past 7 days how many times did you eat green salad?

- a. I did not eat green salad during the past 7 days
- b. 1 to 3 times during the past 7 days
- c. 4 to 6 times during the past 7 days
- d. 1 time per day
- e. 2 times per day
- f. 3 times per day
- g. 4 or more times per day

19. During the past 7 days how many times did you eat vegetables? (Vegetables include foods like broccoli, spinach, carrots, squash, tomatoes or green beans.)

- a. I did not eat other vegetables during the past 7 days
- b. 1 to 3 times during the past 7 days
- c. 4 to 6 times during the past 7 days
- d. 1 time per day
- e. 2 times per day
- f. 3 times per day
- g. 4 or more times per day

20. How often do your parents require you to eat fruits and vegetables?

- a. Every day
- b. Most days
- c. Some days
- d. Never
- e. I eat fruits or vegetables without being told to

21. During the past 7 days, how many glasses of milk did you drink? (Include milk you drank in a glass or cup, from a carton, or with cereal. A milk shake counts as a glass of milk. Count the half pint of milk served at school as equal to one glass.)

- a. I did not drink milk during the past 7 days
- b. 1 to 3 glasses during the past 7 days
- c. 4 to 6 glasses during the past 7 days
- d. 1 glass per day
- e. 2 glasses per day
- f. 3 glasses per day
- g. 4 or more glasses per day

22. When you drink milk, what kind of milk do you usually drink? (MARK ALL THAT APPLY.)

- a. I do not drink milk
- b. Skim or fat free milk
- c. 1% or low fat milk
- d. 2% milk
- e. Whole milk (red cap)
- f. Chocolate milk
- g. Flavored milk other than chocolate
- h. I don't know

23. During the past 7 days, how many sodas did you drink?

- a. I did not drink soda during the past 7 days
- b. 1 to 3 sodas during the past 7 days
- c. 4 to 6 sodas during the past 7 days
- d. 1 soda per day
- e. 2 sodas per day
- f. 3 sodas per day
- g. 4 or more sodas per day

24. During the past 7 days, how many times did you eat snacks like candy, chips, cookies, ice cream, or cupcakes?

- a. I did not eat those snacks in the past 7 days
- b. Sometimes, but less than once a day
- c. 1 time per day
- d. 2 times per day
- e. 3 times per day
- f. 4 or more times per day

25. During the past 7 days, how many times did you eat snacks like fruit, apples, carrots, dried fruit, or fruit and nut mix?

- a. I did not eat those snacks in the past 7 days
- b. Sometimes, but less than once a day
- c. 1 time per day
- d. 2 times per day
- e. 3 times per day
- f. 4 or more times per day

26. During the past 7 days, how many mornings did you eat breakfast?

- a. I did not eat breakfast any morning during the past 7 days
- b. 1-2 mornings
- c. 3-4 mornings
- d. 5-6 mornings
- e. Every morning

The next 11 questions ask about eating away from home in restaurants and at school. Unless a meal is listed in the question, count breakfast, lunch and dinner.

27. During the past 7 days, including weekend days, on how many days did you eat at fast food restaurants like McDonalds, Burger King, Pizza Hut, Taco Bell, Kentucky Fried Chicken or Subway?

- a. None
- b. 1 day
- c. 2 days
- d. 3 days
- e. 4 days
- f. 5 days
- g. 6 days
- h. Every day

28. During the past 7 days, including weekend days, on how many days did you eat at restaurants that are not fast food? Include restaurants with a buffet or where a person serves you.

- a. None
- b. 1 day
- c. 2 days
- d. 3 days
- e. 4 days
- f. 5 days
- g. 6 days
- h. Every day

PLEASE DO NOT WRITE IN THIS AREA



502904

29. During the past 5 school days, how many days did you get the regular school lunch or line lunch?

- a. None
- b. 1 day
- c. 2 days
- d. 3 days
- e. 4 days
- f. 5 days

30. During the past 5 school days, how many days did you buy a la carte or single items instead of the school lunch?

- a. None
- b. 1 day
- c. 2 days
- d. 3 days
- e. 4 days
- f. 5 days

31. When you buy single or a la carte items, what is the reason? (MARK ALL ANSWERS THAT APPLY.)

- a. I don't like the lunch offered
- b. I don't have time to buy and eat the regular lunch
- c. It is faster to buy a la carte
- d. I like the food better than the line lunch
- e. I can take the single items with me
- f. Other: _____
- g. I don't buy a la carte

32. Do fast food restaurants like Taco Bell, Pizza Hut or Burger King sell lunch foods at your school?

- a. Yes
- b. No
- c. I don't know

33. During the past 5 school days, on how many days did you purchase school lunch from the fast food line (like Taco Bell, Pizza Hut or Burger King)?

- a. None
- b. 1 day
- c. 2 days
- d. 3 days
- e. 4 days
- f. 5 days
- g. Fast food is not available

34. Do you have a salad bar at your school?

- a. Yes
- b. No
- c. I don't know

35. If you do have a salad bar at school, how many of the days that it is open do you buy it?

- a. Always
- b. Most of the time
- c. Sometimes
- d. Never
- e. My school doesn't have a salad bar

36. If you do not have a salad bar at school, would you buy salad if your school offered it?

- a. Yes
- b. No
- c. Maybe
- d. I don't know

37. Would you buy fruit or vegetables (like apples, oranges, carrots, or broccoli) from the a la carte line if they were offered?

- a. Yes
- b. No
- c. Maybe
- d. I don't know

The next 9 questions ask about buying snacks and drinks from vending machines at school.

38. Does your school have a snack vending machine that you can buy snacks from?

- a. Yes
- b. No
- c. I don't know

39. During the past 5 school days, how many times a day did you purchase a snack from a vending machine?

- a. I didn't purchase snacks from a vending machine
- b. Sometimes, but less than once a day
- c. 1 time per day
- d. 2 times per day
- e. 3 times per day
- f. 4 or more times per day

40. If you purchase snacks from a vending machine at school, what type of snack do you most often purchase?

- a. Candy bars
- b. Chips, pretzels or crackers
- c. Cookies or cakes
- d. Trail mix or nuts
- e. Granola bars
- f. Ice cream
- g. Other
- h. I do not purchase snacks from a vending machine

41. If you purchase a snack from a vending machine, do you think about whether or not it is a healthy snack?

- a. Always
- b. Sometimes
- c. Hardly ever
- d. Never
- e. I do not purchase snacks from a vending machine

42. Does your school have a drink vending machine that you can buy drinks from?

- a. Yes
- b. No
- c. I don't know

43. During the past 5 school days, how many times a day did you purchase a drink from a vending machine?

- a. I didn't purchase drinks from a vending machine
- b. Sometimes, but less than once a day
- c. 1 time per day
- d. 2 times per day
- e. 3 times per day
- f. 4 or more times per day
- g. There is no vending machine at my school

44. If you purchase a drink from a vending machine at school, what type of drink do you most often purchase?

- a. 100% fruit juice
- b. Soda
- c. Diet soda
- d. Sports drinks
- e. Milk or chocolate milk
- f. Water
- g. Tea
- h. Other
- i. I do not purchase drinks from a vending machine

45. During the past 5 school days, how many days did you buy a snack or drink from the vending machine instead of buying lunch?

- a. None
- b. 1 day
- c. 2 days
- d. 3 days
- e. 4 days
- f. 5 days

46. Does your teacher or the staff at your school give you candy or sweets if you have done a good job, or helped the teacher?

- a. Yes, often
- b. Yes, sometimes
- c. No

The next 4 questions ask what you have learned about nutrition and where you have learned that information.

47. How many fruits and vegetables do you think experts recommend you should eat in a day?

- a. 1 a day
- b. 2 a day
- c. 3 a day
- d. 4 a day
- e. 5 a day
- f. More than 5 a day
- g. Not sure

48. Where have you learned about eating healthy? (MARK ALL THAT APPLY.)

- a. School
- b. Parents
- c. Television
- d. Doctor or nurse
- e. Other: _____
- f. I haven't learned about eating healthy

49. In which of the following classes did you study about nutrition? (MARK ALL THAT APPLY.)

- a. Math
- b. Science
- c. Social studies
- d. Physical education
- e. Health education
- f. Other: _____
- g. I don't remember
- h. None

50. Do you read food labels before you choose or buy food or snacks?

- a. Always
- b. Sometimes
- c. Hardly ever
- d. Never

The next 11 questions ask about physical activity. Physical activity includes playing sports, exercise classes, things you do for fun like biking or skating, and chores like mowing or gardening.

51. On how many of the past 7 days did you exercise or participate in physical activity **for at least 20 minutes that made you sweat and breathe hard**, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

- (a) 0 days
- (b) 1 day
- (c) 2 days
- (d) 3 days
- (e) 4 days
- (f) 5 days
- (g) 6 days
- (h) 7 days

52. On how many of the past 7 days did you exercise or participate in physical activity **for at least 30 minutes that did not make you sweat and breathe hard**, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors?

- (a) 0 days
- (b) 1 day
- (c) 2 days
- (d) 3 days
- (e) 4 days
- (f) 5 days
- (g) 6 days
- (h) 7 days

53. Does anyone in your home exercise on three or more days of the week? This includes things like going to a gym, walking, or playing a sport. (MARK ALL THAT APPLY.)

- (a) No one in my home exercises on three or more days of the week
- (b) I do
- (c) My mother or female guardian
- (d) My father or male guardian
- (e) At least one of my brothers
- (f) At least one of my sisters
- (g) I don't know

54. How often does your family exercise or play sports together? If you are not sure, make your best guess.

- (a) Never
- (b) About once a week
- (c) Once or twice a month
- (d) Two or three times in six months
- (e) Two or three times in a year
- (f) I don't know

55. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

- (a) 0 days
- (b) 1 day
- (c) 2 days
- (d) 3 days
- (e) 4 days
- (f) 5 days

56. During an average PE class, how much of the class time do you spend actually exercising or playing sports?

- (a) None
- (b) Very little
- (c) About half
- (d) Almost all
- (e) I do not take PE

57. During the past 12 months, on how many sports teams did you play? (Include school sports and community sports like tennis, football, gymnastics, or soccer.)

- (a) 0 teams
- (b) 1 team
- (c) 2 teams
- (d) 3 or more teams

58. How many individual sports do you participate in regularly? (Include activities like dance, Tae Kwon Do, skating, walking, or bike riding.)

- (a) No sports
- (b) 1 sport
- (c) 2 sports
- (d) 3 or more sports

59. During the last 30 days, in what ways did your parent or guardian help you participate in any physical activities outside of school such as sports, fitness, active play, exercise, dance classes, team practices and events, or other physical activities. (MARK ALL THAT APPLY.)

- (a) Encouraged me to do physical activities
- (b) Gave me a ride to or from an activity
- (c) Participated with me
- (d) Stayed to watch me at a class, practice or event
- (e) Other: _____
- (f) My parent or guardian did not help me participate



60. If you wanted to participate in sports during the past year, but did not, what are the reasons? (MARK ALL THAT APPLY.)

- a. There isn't any place to play
- b. I didn't have a way to get there and home
- c. There are no sports available that I want to play
- d. I was not allowed
- e. I have too much school work
- f. I'm not good at sports
- g. Other: _____
- h. I was able to participate

61. Do you have a health condition that limits your ability to participate in sports?

- a. Yes
- b. No

The next 3 questions ask about what you usually do when you get home from school.

62. How do you get home from school most days of the week?

- a. Walk
- b. Ride in a school or public bus
- c. Ride in a car
- d. Ride a bicycle
- e. Other: _____

63. On most days of the week, where do you go right after school?

- a. Home
- b. To a friend's house
- c. To an after school program
- d. To a class, lesson or sports activity
- e. Other: _____

64. When you get home in the afternoon, what do you spend most of your time doing? (MARK ALL THAT APPLY.)

- a. Watch television, go online, or play video games
- b. Something inside other than watch television, go online or play video games
- c. Homework or studying
- d. Go outside and play
- e. Talk on the telephone
- f. Do chores
- g. Other: _____

The next 3 questions ask what you know about physical activity.

65. How much physical activity do you think experts recommend that kids your age should get?

- a. At least 60 minutes nearly every day
- b. At least 20 minutes nearly every day
- c. At least 60 minutes 2 to 3 times a week
- d. At least 30 minutes 2 to 3 days a week

66. Which of the following is a benefit of regular physical activity? (MARK ALL THAT APPLY.)

- a. Improves your mood
- b. Prevents weight problems
- c. Prevents heart problems
- d. Prevents HIV/AIDS
- e. I don't know

67. Have you seen, read, or heard any messages or advertising about VERB?

- a. Yes
- b. No
- c. I'm not sure

The next 6 questions ask about the time you spend watching television. Include the time that you spend watching movies on videotape or DVD.

68. On an average school day, how many hours do you watch TV?

- a. I do not watch TV on an average school day
- b. Less than 1 hour per day
- c. 1 hour per day
- d. 2 hours per day
- e. 3 hours per day
- f. 4 hours per day
- g. 5 or more hours per day

69. On an average weekend day (Saturday or Sunday), how many hours do you watch TV?

- a. I do not watch TV on an average weekend day
- b. Less than 1 hour per day
- c. 1 hour per day
- d. 2 hours per day
- e. 3 hours per day
- f. 4 hours per day
- g. 5 hours per day
- h. 6 or more hours per day

70. Please pick the sentence that best describes the amount of TV you are allowed to watch. (MARK ALL THAT APPLY.)

- a. As much as I want, whenever I want
- b. The amount of time is limited on school days
- c. The amount of time is limited on weekends
- d. The amount of time is always limited
- e. I am never allowed to watch TV
- f. I choose not to watch TV

71. How often would you say you eat a snack or drink a soda while you are watching TV or movies?

- a. Never
- b. Sometimes
- c. Most of the time
- d. Every time

72. If you snack while watching TV, what kinds of snacks do you eat? (MARK ALL THAT APPLY.)

- a. Popcorn
- b. Chips, pretzels or crackers
- c. Cakes or cookies
- d. Fresh fruit or vegetables
- e. Nuts, trail mix, peanuts or dried fruit
- f. Soda
- g. Juice
- h. I don't snack
- i. Other

73. Do you have a TV in the room where you usually sleep?

- a. Yes
- b. No

The next 3 questions ask about time that you spend on the computer for fun. Using the computer for fun includes playing games, time online or on the Internet, using e-mail, and other things like this.

74. On a normal school day, how many hours do you spend using the computer for fun? (Do not count time you spend doing homework.)

- a. I do not use the computer for fun
- b. Less than 1 hour per day
- c. 1 hour per day
- d. 2 hours per day
- e. 3 hours per day
- f. 4 hours per day
- g. 5 or more hours per day
- h. I do not have a computer where I live

75. On an average weekend day (Saturday or Sunday), how many hours do you spend using the computer for fun? (Do not count time you spend doing homework.)

- a. I do not use the computer for fun
- b. Less than 1 hour per day
- c. 1 hour per day
- d. 2 hours per day
- e. 3 hours per day
- f. 4 hours per day
- g. 5 or more hours per day
- h. I do not have a computer where I live

76. How often would you say you eat a snack or drink a soda while you are using the computer?

- a. Never
- b. Sometimes
- c. Most of the time
- d. Every time
- e. I do not have or use a computer

The next 4 questions ask about playing video games. Video games include systems like Playstation, Nintendo, Game Boy, or SEGA.

77. On an average school day, how many hours do you spend playing video games?

- a. I do not play video games on school days
- b. Less than 1 hour per day
- c. 1 hour per day
- d. 2 hours per day
- e. 3 hours per day
- f. 4 hours per day
- g. 5 or more hours per day
- h. I do not have a game system where I live

78. On an average weekend day (Saturday or Sunday), how many hours do you play video games?

- a. I do not play video games on weekend days
- b. Less than 1 hour per day
- c. 1 hour per day
- d. 2 hours per day
- e. 3 hours per day
- f. 4 hours per day
- g. 5 or more hours per day
- h. I do not have a game system where I live



79. Please pick the sentence that best describes the amount of time you are allowed to play video games. (MARK ALL THAT APPLY.)

- a. As much as I want, whenever I want
- b. The amount of time is limited on school days
- c. The amount of time is limited on weekend days
- d. The amount of time is always limited
- e. I do not play video games

80. Do you have a video game system in the room where you usually sleep?

- a. Yes
- b. No

The last 12 questions ask about health conditions.

81. During the past 30 days, on how many days did you smoke cigarettes?

- a. 0 days
- b. 1 or 2 days
- c. 3 to 5 days
- d. 6 to 9 days
- e. 10 to 19 days
- f. 20 to 29 days
- g. All 30 days

82. During the past 30 days, on the days you smoked, how many cigarettes did you usually smoke?

- a. Less than 1 cigarette per day
- b. 1 cigarette per day
- c. 2 to 5 cigarettes per day
- d. 6 to 10 cigarettes per day
- e. 11 to 20 cigarettes per day
- f. More than 20 cigarettes per day
- g. I did not smoke cigarettes during the past 30 days

83. "Smoking cigarettes can help you keep your weight down." Would you say you:

- a. Have no opinion
- b. Strongly agree
- c. Agree
- d. Disagree
- e. Strongly disagree

84. Have you attended a presentation or lecture on epilepsy?

- a. Yes
- b. No
- c. I'm not sure

85. If you had epilepsy, would you tell your friends?

- a. Yes
- b. No
- c. I'm not sure
- d. I don't know what epilepsy is

86. Would you date a person with epilepsy?

- a. Yes
- b. No
- c. I'm not sure
- d. I don't know what epilepsy is

87. Has a doctor or nurse ever told you that your blood pressure is high?

- a. Yes
- b. No
- c. I'm not sure

88. Has a doctor or nurse ever told you that your cholesterol level is high?

- a. Yes
- b. No
- c. I'm not sure

89. Has a doctor or nurse ever told you that you have diabetes?

- a. Yes
- b. No
- c. I'm not sure

90. Has a doctor or nurse ever told you that you have asthma?

- a. Yes
- b. No
- c. I'm not sure

91. In the past 12 months, have you had wheezing, dry cough, or breathing difficulty not due to a cold or the flu?

- a. Yes
- b. No
- c. I don't know

92. Since you started school in the fall, about how many days of school did you miss due to wheezing, dry cough, and/or breathing difficulty not due to a cold or the flu?

- a. 0 days
- b. 1-7 days
- c. 8-30 days
- d. 30 or more days

Thank you for participating in this survey.

PLEASE DO NOT WRITE IN THIS AREA



502904