

HQ3 HOW MANY TIMES PER DAY, WEEK, OR MONTH DID YOU USUALLY EAT BACON OR SAUSAGE, NOT INCLUDING LOW FAT, LIGHT, OR TURKEY VARIETIES?

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES LAST MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ4 HOW OFTEN DID YOU EAT HOT DOGS MADE OF BEEF OR PORK?

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES LAST MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ5 HOW OFTEN DID YOU EAT WHOLE GRAIN BREAD INCLUDING TOAST, ROLLS, AND IN SANDWICHES? WHOLE GRAIN BREADS INCLUDE WHOLE WHEAT, OATMEAL, PUMPERNICKEL.

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ6 HOW OFTEN DID YOU DRINK 100% FRUIT JUICE SUCH AS ORANGE, GRAPEFRUIT, APPLE, AND GRAPE JUICES? DO NOT COUNT FRUIT DRINKS SUCH AS KOOL-AID, LEMONADE, CRANBERRY JUICE COCKTAIL, HI-C, AND TANG.

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ7 HOW OFTEN DID YOU EAT FRUIT? COUNT FRESH, FROZEN, OR CANNED FRUIT. DO NOT COUNT JUICES.

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ8 HOW OFTEN DID YOU USE REGULAR FAT SALAD DRESSING OR MAYONNAISE, INCLUDING ON SALAD AND SANDWICHES? DO NOT INCLUDE LOW-FAT, LIGHT, OR DIET DRESSINGS.

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ9 HOW OFTEN DID YOU EAT LETTUCE OR GREEN LEAFY SALAD, WITH OR WITHOUT VEGETABLES?

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ10 HOW OFTEN DID YOU EAT FRENCH FRIES, HOME FRIES, OR HASH BROWN POTATOES?

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ11 HOW OFTEN DID YOU EAT OTHER WHITE POTATOES? COUNT BAKED POTATOES, BOILED POTATOES, MASHED POTATOES, AND POTATO SALAD. DO NOT INCLUDE YAMS OR SWEET POTATOES.

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ12 HOW OFTEN DID YOU EAT COOKED DRIED BEANS, SUCH AS REFRIED BEANS, BAKED BEANS, BEAN SOUP, AND PORK AND BEANS?

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ13 HOW OFTEN DID YOU USUALLY EAT OTHER VEGETABLES? COUNT: ANY FORM OF VEGETABLE - RAW, CANNED, OR FROZEN. DO NOT COUNT: LETTUCE SALADS, WHITE POTATOES, COOKED DRIED BEANS, RICE.

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ14 HOW MANY TIMES PER DAY, WEEK, OR MONTH DID YOU USUALLY EAT ANY KIND OF PASTA? COUNT SPAGHETTI, NOODLES, MACARONI AND CHEESE, PASTA SALAD, RICE NOODLES, SOBA, AND ANY OTHER KIND OF PASTA.

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ15 HOW OFTEN DID YOU EAT PEANUTS, WALNUTS, SEEDS, OR OTHER NUTS? DO NOT INCLUDE PEANUT BUTTER.

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |

HQ16 HOW OFTEN DID YOU EAT REGULAR FAT POTATO CHIPS, TORTILLA CHIPS, OR CORN CHIPS? DO NOT INCLUDE LOWFAT CHIPS.

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|---|---------------------------|
| 1 | = NEVER |
| 2 | = 1 - 3 TIMES PER MONTH |
| 3 | = 1 - 2 TIMES PER WEEK |
| 4 | = 3 - 4 TIMES PER WEEK |
| 5 | = 5 - 6 TIMES PER WEEK |
| 6 | = 1 TIME PER DAY |
| 7 | = 2 TIMES PER DAY |
| 8 | = 3 TIMES PER DAY |
| 9 | = 4 OR MORE TIMES PER DAY |